



Ladderlite Instructions

The Ladderlite is a practical and innovative ladder stabiliser designed to improve safety and stability when working at height.

Attaching to most ladders, it creates a secure stand-off to prevent unwanted movement, while providing a more comfortable working position.

The Ladderlite reduces the risks of slipping and enhances user confidence.

Whether it is used by professional trades people or homeowners, The Ladderlite is an essential accessory for safer, more stable operation.

NOTICE

**PLEASE READ THE SAFETY GUIDELINES
IN CONJUNCTION WITH THE PRODUCT INSTRUCTIONS**

Check

- There is no damage such as dents, splits, holes, excessive wear or gross distortion. Very minor distortion is acceptable as long as the Ladderlite sits evenly and has not been re-bent after damage.
- Both wheels are secure and undamaged, and the tyres are clean and not loose, swollen or excessively worn.
- Both spring clip assemblies are secure and springs are not stretched.
- No repairs of any sort have been made.
- Both hooks are in line; the bottom hook is especially susceptible to damage if the ladder is dropped with The Ladderlite in place.

Do

- Read Instructions
- Inspect equipment regularly
- Adjust springs according to ring pitch
- Ensure unit is secure and correctly positioned
- Observe working at height regulations at all times
- Clean off debris.

DO NOT

- Re-bend the Ladderlite
- Jump or bounce your ladder top
- Stand on the limbs of your Ladderlite
- Climb beyond the bottom of the hooks
- Drop your ladder
- Leave your ladder unattended to get knocked or blown over

Fitting

- The Ladderlite must be fitted while the ladder is firmly on the ground
- Feed the ladder through the Ladderlite, hook the hooks over two rungs. The 80mm lower hook allows it to fit rung pitches from 250mm to 290mm. the position will vary on the rung distance.
- Engage the spring clips under the lower of the two rungs. Attach with the back of the clips facing out to ensure that the springs do not get knocked off. (There are two settings for the spring assembly. Choose one that gives the best grip with the least tension).
- When working above 10 metres, the Ladderlite should be secured with a ratchet strap/luggage strap. You should wrap the strap around the lower rung and the lower back bar of the Ladderlite and tighten.

Mounting

- For safety, the Ladderlites is used for walls, window sills, sloping and flat roofs.
- Extend the ladder to required height or alternatively rest the Ladderlite on the wall, check stability then extend and roll the top section up the wall. (the ladder should be set at an angle of 1 in 4. A tolerance of around 5 degrees is acceptable to operate safely).
- If using a ratchet strap/luggage strap, ensure not to over tighten as this can change the angle of the ladder, and affect the the correct sitting position.

Walls and Windows

- If mounting to a wall, hook the Ladderlite over rungs 1 and 2 of the ladder and extend. Ensure to check the angle then rest both wheels firmly in position.
- If mounting to a window, hook the Ladderlite over rungs two and three, then extend. Ensure to check the angle and rest both wheels firmly in position either just below the window sill or firmly on top of the window sill and up against the bottom of the window frame.

Sloping Roofs

- Hook the Ladderlite on rungs three and four or four and five of the ladder, creating a minimum handhold of one metre.
- Position both wheels on the roof so the ladder is supported just clear of the gutter. Adjust the angle of the ladder to allow the Ladderlite to settle into place, ensuring the ladder stiles are touching the lower back bar of the Ladderlite. This ensures the correct working position. When the roof ladder is securely hooked in place, tie it to the Ladderlite.

Flat Roofs & Gutters

- Hook the Ladderlite on rungs three and four or four and five of the ladder, creating a minimum handhold of one metre.
- Position both wheels on the roof so that the ladder is supported clear of the gutter or edge.
- Adjust the ladder angle and allow to settle into place, ensuring the ladder stiles are touching the lower back bar of the Ladderlite. This ensures the correct working position.

Keep the projecting limbs of the Ladderlite as far over the rood top as possible without touching the edge. Do not allow the wheels to get trapped in the angle of the reverse incline or lip at the edge of the flat roof. Check that the top hook is fully engaged before climbing.

Legal Compliance

- The Work at Height Regulations 2005 apply at all times.
- Secure the ladder at the top — use the correct ClimbSafe fitment or a secure tie.

Product & System Condition

- Keep your ladder and all ClimbSafe fittings in good working order.
- Use only as described — incorrect use compromises safety.

Weather & Location

- Wind: Cease work in anything stronger than a light breeze; anticipate sudden gusts.
- Carrying: Keep ladders clear; pause at doorways and check all directions before turning.
- Positioning: Avoid doorways — especially fire exits — without extra controls. Ensure visibility to pedestrians and vehicles. Be aware of vulnerable people and children.

Erection & Base

- Up-Ending: Close ladder, check overhead cables/obstructions, confirm clear ground. Repeat checks when lowering.
- Never place on boxes, loose blocks or free-standing towers.
- Angle: Maintain 1 unit out: 4 units up. Do not alter the angle to compensate for poor ground.

Slopes & Surfaces

- Shallow Angles: Do not use shallow angles to reach over outbuildings — stakes do not relieve structural stress.
- Level: Both feet must sit firmly on level ground. Use ClimbSafe Level Base / Leveliser on slopes. No loose packing.
- Slippery Surfaces: Wet level ground is usually fine with rubber feet. Watch for backward slopes, ice, oil, moss and polish. Clean rungs and feet often.

Soft Ground & Footwear

- Soft Ground: Place a rigid, slip-resistant board under the base.
- Rungs & Boots: Keep free of grease/moisture. Wear supportive footwear with good grip and reinforced toes.

Climbing Rules

- Three Points of Contact: One hand always on the ladder. Grip the stile if needed.
- Load: One person at a time. Do not exceed rated capacity.
- Height: Do not climb within 1 metre of the top.
- Reach: Keep both shoulders within the ladder width — do not lean past one side.

Disclaimer

These SAFETY GUIDELINES are not an exhaustive list of precautions. They should not be taken as a substitute for any additional measures found necessary on site, nor do they guarantee that the use of a ladder is safe without regard to local conditions and are always subject to an employer’s risk assessment.